



On Your Marks for Little Hearts teaching Notes

- Not everyone is born with a healthy heart.
- Every week 12 babies are born with a heart condition (to illustrate get children to stand). That is 48 every month! How many in a year? (It is quite powerful to see how many weeks/ months it takes to see your whole pre school standing.)
- There are many different types of heart conditions. A baby's heart is the size of a walnut (show a walnut if available). Many heart conditions need an operation, some conditions need many operations. Surgeons need to take a lot of care as they are fixing holes and heart valves that are very tiny.
- Heart problems often make it difficult for the heart to work properly which is a big problem as the heart has a lot of work to do. On average your heart beats 4,800 times an hour (a child's heart rate).
- We are taking part in On Your Marks for Little Hearts to help Heart Children NZ, the only organisation in NZ that supports children born with a heart condition.
- By bringing a gold coin to pre school on this day, you will be helping children with heart conditions all around New Zealand.

Heart Children New Zealand Inc

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